

**FCRCC 200m KNOCKOUT!
RACE PACKAGE – MAY 4TH, 2019**





2019 SPRING KNOCKOUT RACE PACKAGE

GENERAL INFO

- Date:** Saturday May 4th, 2019
- Time:** First Race ~8:30am – Last Race ~ 4:30pm
- Location:** Creekside Park, Vancouver (just south of Science World).
- Directions:** Please visit the following site for directions:
<http://maps.google.ca/maps?f=d&source=embed&daddr=49.274415,-123.102924&hl=en&mra=dme&mrer=0&mrsp=1&sz=17&sspn=0.006034,0.016512&ie=UTF8&spn=0.024638,0.030556&z=15>
- Parking:** There is paid parking around and underground at the Creekside Community Center.
- Racer's Village:** Grass park area around Science World and the Gazebo.
Teams can set up their own tents. Please keep the park clean, there are plenty of garbage cans on site. See site map for more details.
- Race HQ:** HQ will be set up underneath the Gazebo just in front of Racer's Village.
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2019 SPRING KNOCKOUT FOOD BANK DONATIONS

We ask that each paddler please bring a non-perishable food item for the Greater Vancouver Food Bank Society. There will be a location onsite where you can drop off your food donation.

Greater Vancouver Food Bank Society

Mission - *To provide food and related assistance to those in need.*

The GVFBS is committed to this mission with the utmost privacy and dignity offered to our clients.

History - The Greater Vancouver Food Bank Society (GVFBS) was established in 1982 when many small organizations, church groups and concerned citizens joined together in response to the hunger crisis during the economic recession in 1981. The purpose of the GVFBS was to be a temporary social service provider; however, because the number of those suffering from hunger problems has continued to increase, the GVFBS has become one of the most important non-government funded food assistance providers in Canada.

Today - The GVFBS helps feed over 9,000 people each week in 15 depots located in Burnaby, New Westminister, Vancouver and the North Shore. Additionally, the GVFBS aids over 100 food-serving agencies within these areas, providing help to approximately another 16,000 individuals weekly.

Most Needed Food Items

Currently GVFBS is in great need of the following items:

- ❖ **Canned Meat and Fish**
 - ❖ **Whole Wheat Pasta and Rice**
 - ❖ **Canned Fruit and Vegetables**
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RACE INFORMATION

Race Length:	200m
Boats:	BUKs (6-7 boat heats)
Teams:	TBA
Race Format:	Advancements will be base on total time of the heat and qualifier, Semis and Knockout rounds will be based on placement.
Race Grid:	Race grid will be out within 1 week of the regatta. Please check your emails prior to Saturday, May 4th for any changes to the grid.

RACE DAY

7:00 am – 7:40 am	Team Manger Check-In: Wavier Drop off. Each Manager will need to submit a signed waiver form (this is also serving as the team roster) – signed by all participants. <i>Please add your team's name on the waiver form.</i>
7- 40 am – 7:55 am	Manager's Meeting
8:00 am	Pre-Marshalling Teams
8:30 am – 4:30 pm	200m Races and Knockout Rounds



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RACE RULES AND REGULATIONS

*****THESE RULES ARE FOR TEAM COMPOSITION FOR REGULAR REGATTA TEAMS. FOR TEAMS WISHING TO USE THIS EVENT AS A TEAM QUALIFIER YOU MUST FOLLOW DBC RULES AND REGULATIONS.*****

Team Composition/Roster

- ❖ A paddler may only paddle on one (1) mixed team roster. If there is no other choice a team may use an experienced steersperson from another team. Teams with paddlers not on their roster as of their first race may be disqualified at the discretion of Race Officials
- ❖ Minimum of ten (10) females per mixed crew
- ❖ Steersperson and drummer can be either gender on a Crew
- ❖ The Team Manager of an adult team cannot be part of the racing crew and must be on shore

EQUIPMENT

- ❖ Only dragon boat paddles not exceeding the IDBF PS202a specifications may be used (carbon fiber paddles will be allowed). The Grey Owl dragon boat paddle meets the IDBF PS202a size specification
- ❖ Friction tape and wax may be used on ***your own personal paddles only***.
- ❖ Any "Department of Transport/Canadian Coast Guard" approved PFD will be allowed (except "self inflating jackets") – they will be inspected by dock personnel before each race, It is up to the discretion of the dock manager if the personal Flotation Device will be allowed

RACE COURSE

- ❖ All races to be approximately 200 meters distance
- ❖ There will be 6-7 lanes
- ❖ There will be lane markers

THE START

- ❖ Race Referee will have the boats line up in their proper lanes 2 boat lengths back of the Start Line
- ❖ Race Referee will hand the race over to the Starter

In the event of windy conditions - 'Running Starts' will be used

- ❖ Race Referee will have the boats line up 3 boat lengths behind the Start Line
- ❖ Race Referee will hand the race over to the Starter

The start commands will be:

1. "WE HAVE ALLIGNMENT – ARE YOU READY"
 2. "ATTENTION"
 3. An air horn blast or similar signal (1-5 seconds after "ATTENTION")
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KNOCKOUT ROUNDS

In the Mixed and Women's Knockout Challenge the last 2 place finishing teams are eliminated. All remaining teams then have a maximum of 5 minutes to return to the start line for the beginning of the next round. The cycle continues until a winner is determined.

RE-RACE RULES

At the official's discretion, a re-race may be ordered when:

- ❖ There is a false start called by the Starter, or
- ❖ There is clearly a collision within the first 50M of the race, or
- ❖ There is an equipment breakage, other than paddle, within the first 50M of the race

There will absolutely be no grounds for re-races once all boats have passed the 50M mark, except one that is initiated by Officials under extraordinary circumstances.

PROTESTS

Protests require a \$50 non-refundable fee and the protest must be in written form.

A team may protest:

- ❖ Illegal paddle/PFD used by another team, a crew not complying with the roster rule
- ❖ Collision initiated by another team during the race

A protest must be brought up prior to your team leaving the Dock area. Otherwise, the offence cannot be verified.

A team may not protest:

- ❖ Boat/lane assignment
- ❖ Interference from another boat that did not result in a collision

PENALTIES

At the Official's discretion, a **varying-second penalty or team disqualification** may be imposed for the following infractions:

- ❖ Verbal/physical abuse to any Official/Volunteer
- ❖ Crew does not comply with the Official Team Roster
- ❖ False starting
- ❖ Crew does not follow Official's instructions to change course, resulting in impeding another crew or resulting in a collision with another crew
- ❖ The use of unofficial paddle/PFD

FCRCC wishes to thank the FCRCC Senior A/B Program to help make this year's event a success!! Please remember to thank them!

