



## FALSE CREEK RACING CANOE CLUB ANNUAL GENERAL MEETING AGENDA 2021

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Tuesday, November 09, 2021 6:30 pm – 8:30 pm  
Pre- Registration is required – details TBA  
Virtual Meeting

Quorum Call:

Call to order:

1. Welcome and Introduction – Kevin Harding
  - Annual video presentation
2. Adoption of the Agenda
3. Adoption of the Minutes of January 18th, 2021
4. Commodore's report – Andrea Dillon
5. Discipline reports
  - Dragon boat – Sally Miller
  - Flatwater – Diane Tam
  - Outrigger - Cathy Marr
6. 3 year Equipment plan - Ernst Fast
7. 2020/21 Programs Review - Sherry Hunt
8. Treasurer's report and financial statements – Nora Chun
  - Year in review
  - Motion to accept 2020/21 financial statements as presented
  - Moving Forward
  - Motion to accept the proposed 2021/2022 budget

9. Award Presentation

- Individual contribution
- Inspiration to members
- Displays principles and values of FCRCC
- Preservation of history of FCRCC
- Builds member pride
- Team contribution and leadership
- Tam Chin award – outstanding contribution to the FCRCC

6. New Business from the floor – Questions to be submitted prior to the AGM to

[admin@fcrcc.com](mailto:admin@fcrcc.com)

7. Election of 2021/2022 Executive.

1. Commodore – Andrea Dillon
2. Vice Commodore – Kamini Jain
3. Treasurer – ***TBD 2-year term***
4. Secretary – Judy Comer
5. Communications – Amanda Hunt
6. Equipment – Ernst Fast
7. Flatwater – ***TBD 2-year term***
8. Outrigger – ***TBD 2-year term***
9. Dragon Boat – ***TBD 2-year term***
10. Safety – Kevin Harding
11. Fundraising – ***TBD 2-year term***

8. Replay of annual Video

9. Adjournment



FALSE CREEK RACING CANOE CLUB ANNUAL GENERAL MEETING  
MINUTES 2020

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Monday January 18, 2021 6:30 pm – 8:30 pm

**Pre-Registration is required**

Virtual Zoom Meeting

Quorum Call: Confirmed attendance was 100 members and 6 guests

Call to order: 6:33pm

1. Welcome and Introduction - Kevin Harding
  - 1.1. Annual video presentation
2. Adoption of the Agenda – Move to accept by Susan Mott, second by Audrey Tait - CARRIED
3. Adoption of the Minutes of October 29, 2019 – Moved by Gary Cohen, second by Judy Shandler - CARRIED
4. “State of the Union” address (FCRCC...Where we are Today) – Andrea Dillon
5. Strategic Plan - Kevin Harding
  - 5.1. Currently into year three of the five-year plan. 2020 was a challenge where regular projects were postponed, and the club had to pivot in order to keep running. Take home message throughout 2021 is to reconnect, revisit the plan and do a call out to the membership for assistance, where needed.
6. Video Tribute to Jackie Webber – Kamini Jain
7. Discipline reports
  - 7.1. Outrigger - Cathy Marr
  - 7.2. Dragonboat – Sally Miller
  - 7.3. Flatwater – Diane Tam
8. 2019/2020 Club Program review
  - 8.1. Intro to Dragon Boat (July to September 2019)
  - 8.2. Club Time Trials (July 2019 to February 2020, July to October 2020)
  - 8.3. Small Boat Reservations and Bringing on Dock Crews
  - 8.4. Small Boat Programs and Clinics (June to November 2020)
  - 8.5. Special Events (i.e. Battle of the Boats, Hallowe'en)

9. Treasurer's report and financial statements – Nora Chun
  - 9.1. Year in review
  - 9.2. Motion to accept 2019/20 financial statements as presented – Moved by Ernst Fast, second by Susan Mott - CARRIED
  - 9.3. Moving Forward
  - 9.4. Motion to accept newly proposed Club fee structure – Moved by Ernst Fast, second by Judy Shandler - CARRIED
  - 9.5. Motion to accept the proposed 2020/2021 budget – Moved by Kat Town, second by Ernst Fast - CARRIED
  
10. Award Presentations
  - 10.1. Recognition of an Individual's Contribution to FCRC – FCRC Executive and Club Administrator, Sheryll Dale
  - 10.2. Jackie Webber – Inspiration to Members (formally Inspiration to Members) – Judy Comer, Lesley Rigby, Cathy Smith, Susan Tourigny
  - 10.3. Encourages the Principles and Values of the Club – Nora Chun
  - 10.4. Preservation of Club History – Johnson Chu
  - 10.5. Builds Club Pride – Jackie Webber
  - 10.6. Team Contribution and Leadership Award – FCRC Club Members
  - 10.7. Tam/Chin Award for Outstanding contribution and commitment to FCRC - Susan Mott
  
11. New Business from the floor – Questions to be submitted prior to the AGM to [admin@fcrcc.com](mailto:admin@fcrcc.com)
  
12. Election of 2020/2021 Executive
  - 12.1. Commodore – Andrea Dillion – ACCLAIMED **2 year term**
  - 12.2. Vice Commodore – Kamini Jain - ACCLAIMED **2 year term**
  - 12.3.** Treasurer – Nora Chun
  - 12.4. Secretary – Judy Comer – ACCLAIMED **2 year term**
  - 12.5. Communications – Amanda Hunt – ACCLAIMED **2 year term**
  - 12.6. Equipment – Ernst Fast – ACCLAIMED **2 year term**
  - 12.7. Flatwater – Diane Tam
  - 12.8. Outrigger – Cathy Marr
  - 12.9. Dragon Boat – Sally Miller
  - 12.10. Safety – Kevin Harding – ACCLAIMED **2 year term**
  - 12.11. Fundraising – Gary Cohen
  
13. Replay of annual Video
14. Adjournment at 8:45pm – Moved by Karen Lutz, second by Judy Shandler - CARRIED

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Commodore

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Date

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Secretary

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## Commodore Report – 2020/2021

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We stayed on the water through 2020 with the team boats back on the water in late June and early July. As of October 20, 2021, we are sitting at 533 members, a huge leap when last year saw our membership hovering around 225 members.

That we are still sustainable is a success

Our Executive and Volunteers are to be acknowledged for stepping up to

- Spend countless hours researching grant opportunities and then buckling down to make the application as compelling as possible. We were successful with the Canada Summer Jobs Grant for youth.
- The Gaming Grant dollars help to fund our programs and clinics.
- The Canada Summer Youth Grants has enabled us to hire summer dock staff to facilitate boats reservations and cleaning.
- Fundraising though small this year due to the lack of events is still working to help bring in dollars to fund new equipment. Thanks to Gary Cohen who has relentlessly spearheaded these initiatives.



- Our fearless “repair” team of Susan Mott, Lesley Rigby, and Sam Patton continue to tackle almost any boat that needs repair, learning along the way. The savings in repair dollars to our members is huge with all three volunteering countless hours to accomplish this. These 3 have gone beyond to keep our aging fleet on the water. One of our challenges going forward will be to continue to engage members to learn, participate and give their time to repair boats. As membership grows so do boats needing repair and care. With the Huki’s out of service for the winter please use extra care when handling our boat resources.
- Sherry Hunt, our new club programmer, is on board to take us to the next level of programming for all disciplines. Thinking of coaching talk to Sherry about the possibilities to be mentored and coach.



- With Sheryll Dale retiring, Rafaella is now in place as our club administrator. Her position takes an ever changing, always busy day to day attention responding to member questions, handling new memberships, liaising with the Executive and being the point person for inquiries. Be sure to introduce yourself.



## **PROGRAMS**

### **OC-1**

We have had great success with our introduction/orientation to OC-1 with many taking this course becoming members and joining other programs. Thank you to those coaches who delivered all these courses.

### **OUTRIGGER**

Ron Chin Novice OC-6 programs are continuing to grow and fill. Outrigger team and solo boats are the biggest discipline to grow along with the Flatwater program.

Several teams in all age categories are training to represent FCRCC at the next Va'a World Sprint Championships in London England.



Several of our distance OC-6 programs are looking at US based Outrigger Races

### **DRAGONBOAT**

Our Dragonboat teams are back on the water with 2 teams, the Women's Master's and FCP registered for the World Club Crews in Sarasota Florida next July.

Look for the FCRCC Knockout to return next year.

## **FLATWATER**

The Flatwater program saw C-1 paddler Ydris Hunter move to Ottawa to paddle with the National Team and go to Carleton University. 2 other C-1 paddlers, Veronica So and Keisa Bleiler made the Olympic Hopes Team traveling to The Czech Republic. Our FCRCC Flatwater discipline is the largest club in BC, the discipline has 12 provincially carded athletes by the Canadian Sport Institute. Several FCRCC athletes podiumed at national events this year.

## **MARATHON**

This discipline is often forgotten, though the boats are used ongoingly in the Summer Kid's Camps and with a dedicated but small group of year round paddlers. Remember when OC-1's are all booked, these boats can be used for your training. Seldom is the fleet of 5 canoes fully booked.



## **CMHC, THE 2040 PLAN AND FCRCC's CONTINUED PRESENCE ON GRANVILLE ISLAND**

Ongoing meetings have occurred with various members of the CMHC management team regarding our sustainability in the future. Changes and development are in the works for Granville Island, and it is up to us to secure FCRCC's future on Granville Island. The first week of October, Sally Miller, and I, met with Tom Lancaster and Sabrina Lakos. Tom Lancaster is the General Manager of Granville Island and Sabrina Lakos is the head of leasing. We came away with comfort words that FCRCC will be part of the revitalization of Granville Island. Our East Cage development project is still on hold. As of January 2022, a new, updated plan is scheduled to be released with more details on the what and when. We encourage every member to keep themselves up to date on the development plans, make their voices heard, and lobby for our space to access the water as this develops. We depend on this.

## **EAST CAGE Alder Bay REBUILD**

As stated above this project is still on hold with our current lot space being revisited for development of some kind. CMHC was given the clear message that our access to boat resources must be close to the water particularly with the Alder Bay Dock rebuild.

Our challenge now is to accommodate the boat resources needed for the growing Flatwater program.

## **ALDER BAY DOCK REBUILD**

This project is finally moving forward and is part of the Vancouver Parks Board budget. The result will be a larger, more multi-use accessible and functional space. Expect a couple of years before it is completed. We will encourage the building of the dock to occur at a time that is low use by our paddlers. This rebuild is a major project and we expect it to impact our use of the dock area during construction.



## **BURRARD COMPOUND**

Little light has been shed on the future of our compound space recognizing the new Indigenous housing project is about to start. We have had no indications our storage areas, including VOS and the rowers are in any danger of being asked to move but keeping our ears to the ground to ensure FCRCC being there will be top of all our priorities. If any members have updates or know who to go to for information let the Executive know.

## **WHAT CAN YOU DO?**

In summary we are one of the largest, multi discipline clubs in Canada. As we continue to grow and replace older resources, we need YOUR ideas and volunteer support to keep us moving forward. Our club is 98% volunteer, with the plan to replace our aging fleets, keep and hopefully increase our storage spaces, we need to continue to create ways to generate the dollars the dollars to get this done. Plan to help a few hours or more next year, share your abilities and skills, talk to those on the Executive and sit on some sub-committees.

Andrea Dillon Commodore.





## Vice Commodore Report – 2020/2021

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This last year has been a roller coaster with changing pandemic rules, varying access of members to vaccines and a stark change of lifestyle for most of us. I think we weathered it well with dedicated executive members, great staff and devoted and patient members. I hope this will continue as we plan optimistically to offer a full year of services and access once again for 2021-2022.

This year we said good-bye to Sheryll Dale, our much-loved and dedicated office administrator for more than a decade, on her retirement. Her joyful face and skill has been much missed. We wish her all the best for whatever new adventures her retirement brings!

In Sheryll's place, we have welcomed our new administrator, Rafaela Calabria. Rafaela comes to us with a wealth of experience in running organizations. Her light-hearted affectation is refreshing and necessary as she navigates her new job and learns the language and processes of the canoe club. Please drop by the office during office hours and introduce yourself when you get a chance.

This spring we also hired Sherry Hunt as our Program Coordinator. Sherry brought with her a wealth of training and racing experience in many paddling disciplines plus a long-time association with FCRCC. Her fresh outlook on programs has broadened our offerings and provided energy and ideas for new future endeavors.

We have also been fortunate to have energetic and dedicated dock staff this year. A big thanks goes out to Kat Reid, Will Rainey, Clara Tjoa, Alex Sernoski, Angus Tam and Lily Girard. Also, thank you to the members who stepped into dock staff roles as volunteers; Carol Mann, Linda Thompson, Sally Miller and Jamie Lee Kwen, to allow our paddlers to go on the water and for us to still abide by COVID protocols. Apologies to anyone I have missed in this acknowledgement.

We are constantly on the search for new engaged staff. If you have any interest in training as a coach, dock staff or something else you feel could be created, please contact Rafaela at [admin@fcrcc.com](mailto:admin@fcrcc.com) and she will pass you on to the correct contact.

Here's to a fruitful and fun 2021-2022 season at FCRCC! We are in this together.

Kamini



## Dragon Boat Report – 2020/2021

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### **Dragon Boat Teams**

FCRCC started 2021 with 12 dragon boat teams: 4 women's teams and 8 mixed teams. The teams included 2 seniors' teams, 3 high performance teams ranging from U24 to Seniors, 1 team of breast cancer survivors, and 1 team of kidney patients plus their supporters.

Practices started on July 5, 2021. Teams gradually returned to paddling over the next 3 months. By October 31, all teams will have practiced. All teams found their numbers were greatly reduced by ongoing COVID concerns and were actively recruiting new paddlers. Their efforts were supported by FCRCC waiving charges for a second boat. FCRCC also held a general Introduction to Dragon Boating for adults. Of the 10 participants, approximately 8 tried out with a team and the majority joined that team.

At this time, most teams have recruited enough new members to fill their roster. All teams are hopeful their new paddlers will return in 2022.

### **Dragon Boats**

On June 25, 2021, our refurbished dragon boats were relaunched in Alder Bay. Thank you very much to the many people who maneuvered the boats out of the Emily Carr storage space and along the streets back to the Bay. Truly a group effort!

Unfortunately, we have since discovered that the 6-16 and the O2P boats require extensive, additional repairs and had to move them back into storage. Hopefully, our stellar repair team will get them seaworthy again.

### **2021 Activities**

Dragon boat regattas in Vancouver for 2021 were limited to the Concord Pacific Dragon Boat Festival in late September. Several of our teams participated in the 200m races on race day. Some teams traveled to regattas held in various BC locations.

### **Dragon Boat Fundraisers**

The annual fundraisers for the club were not able to operate this year.

### **Small Boat Use**

The FCRCC small boat program continued to be used by many dragon boat paddlers using familiar boats and trying new boats, including Marathon canoe, V-1, and Surfski. The small boat program continues through the 2021/2022 winter months as an alternative to paddling when crew boats are not on the water.

Sally Miller, DB Representative, FCRCC  
October 2021



## Flatwater Report – 2020/2021

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Despite the challenging year that we've all been presented, we were fortunate that paddling remained an optimal outdoor social distance friendly activity that kids could escape to, and that we were able to return to competition this season. This year continued to have a more recreational focus to it as a goal to draw new kids to the sport, and keep athletes motivated and moving. We also continue to be fortunate that our Provincial Sport organization, CanoeKayakBC, and ViaSport have been able to support and provide guidelines for us to follow during these times.

### Program Summary:



We continue to offer a range of recreational and competitive programs for youth and adults to participate in year round. This season, we had over 300 recreational programming participants and over 80 youth flatwater sprint program paddlers. We also had over 40 adult participants in our various adult programs. Helping support this growth, we have a growing coaching staff consisting of ~10 trained summer coaches (athletes in the flatwater program who have their NCCP Level 1 or 2 coaching certification), and two NCCP Level 3 certified coaches.

Program Name	Description
<b>CanoeKids Summer Camps</b> - Summer Camp for kids aged 6-12	Our CanoeKids summer camps run weekly throughout July and August and introduce kids to paddling in a fun and safe environment. The kids (aged 6-12) will be exposed to a variety of paddling disciplines including sprint canoe and kayak, dragon boat, marathon canoe, outrigger, and stand up paddle boarding (if we are able to purchase some stand up boards). The camps are taught by our Certified CanoeKids coaches and consist of a lot of fun games and activities both on the water and off, and are a great way for kids to meet other kids in the community, learn about teamwork, grow in self-confidence, and encourage fun amongst participants.
<b>Regatta Ready Summer Camps</b> - Summer Camp for kids aged 12-15	Our Regatta Ready Summer Camp program is for kids who want to dive right into some more advanced paddling concepts and try out some racing boats! It is geared towards introducing kids (ages 10-15) to the next level of sprint canoe/kayak paddling (beyond CanoeKids). It focuses on getting kids involved in a healthy and active lifestyle, with an emphasis on developing canoe/kayak paddling skills.
<b>CanoeKids Spring Camp</b> - Spring Break camp	Our CanoeKids spring camp gets kids (aged 8-15) on the water paddling during their Spring Break! The camp is similar to our summer CanoeKids camp option except that it runs during Spring Break.
<b>Youth Beginner Sprint Program</b> - Introduction to paddling	This program helps introduce youth of all ages to the fundamentals of paddling. The kids will learn about basic balance, boat control, and boat care in a variety of boats. More importantly, the kids will learn how to have fun on the water and develop their water skills through lots of games. Sessions will be taught in Alder Bay, and have opportunities to explore the waters of False Creek.
<b>Youth Advanced Fundamentals Sprint Program</b> – Learning to train	This program builds upon the skills introduced in the beginner program with a focus on more advanced techniques and skills. Paddlers here will also be introduced to the fundamentals of training and racing.
<b>Youth Sprint Racing Program</b> – Training to Compete	This program follows Canada’s Long-Term Athlete Development model in the sport of Olympic Sprint Canoe and Kayak. It teaches athletes how to train and prepare for competition, provincially, nationally and internationally.
<b>Adult Beginner Sprint Program</b> - Introduction to paddling	This adult beginner sprint program helps introduce adults of all ages to the fundamentals of paddling. The adults will learn about basic balance, boat control, and boat care and have the opportunity to try out various paddling disciplines and boats.

<b>Adult Advanced Fundamentals Sprint Program –</b> Introduction to racing	This adult advanced sprint program builds upon the skills introduced in the beginner program with a focus on more advanced techniques and skills. Paddlers here will also be introduced to the fundamentals of training and racing.
<b>Adult Surfski</b>	Our surfski programs introduce paddlers to surfski fundamentals and paddling, including equipment care and boat recovery. We offer 3 levels of surfski programming from fundamentals to learning how to paddle confidently in rough water with proper technique and balance.

**Athlete Recognition:**

We continue to have a growing number of our athletes who are carded Canadian Sport athletes on the provincial team. We also have numerous younger, upcoming athletes who have been nominated to the NextGEN (next generation) provincial program.

Also a huge congrats to the 18 sprint paddlers who represented False Creek at Canadian Nationals this August in Ottawa. And also a congrats to Ydris Hunter, Veronica So, and Keisa Bleiler who qualified for junior national teams and represented Team Canada internationally this summer.

Our young paddlers also had a successful summer, bringing home the Pacific Cup as the top club in BC for the 4<sup>th</sup> year in a row.

**What's Next:**

2022 is going to be a busy year with competitions returning back to normal. In addition, there will be two multisport competitions that our athletes will be vying for spots for: BC Summer Games and Canada Summer Games.

We continue to focus on program growth and inclusion to offer more opportunities for our community members to participate in. We hope to also fundraise for club initiatives such as storage and equipment replacement to further enhance the home for our future paddlers.

Diane Tam



## Outrigger Report – 2020/2021

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This was another out of the ordinary year as we continued to cope with and adapt to the ongoing pandemic.

### **Restart of OC6**

We were unable to paddle crew boats in the first part of the year due to the pandemic. The Burrard compound and Alder Bay did see lots of activity as many outrigger paddlers continued to focus on solo outrigger paddling either in their own private boats or in club boats.

With the announcement of the BC Restart Plan on May 25, 2021, we were able to plan for the Restart of OC6. We established a FCRCC Restart of OC6 Protocol together with Adult and Junior Restart of OC6 waivers which were approved at the June Exec meeting.

The first OC6 teams commenced practices again in mid-June. By mid-July all 2019 OC6 teams except one were back on the water. The Senior Masters Women's dragon boat team started a new team to cross train in OC6 and was on the water June 26 with an orientation and huli recoveries.

Most of the OC6 teams are now back to pre-pandemic membership levels or higher. We have seen lots of enquiries about joining an outrigger team at FCRCC and several teams have added new members either as a result of these referrals or as a result of paddlers coming from our introductory OC1 and OC6 courses. We have also seen past members return as paddling was viewed as a safe sport during the pandemic. Paddling in outrigger crew boats has proved to be very popular over the past few months.

With the cancellation of the 2021 IVF Worlds Distance Championships, the focus switched for many club members to training for the 2022 IVF World Sprints in London. In addition to the regular OC6 teams, a total of 5 sprint OC6 teams formed to train for the Calgary trials which were scheduled for September and subsequently cancelled due to COVID. Most of these Sprint teams are continuing to train as they await word on the status of the London World Sprints.

### **Races**

FCRCC hosted the Around Bowen race this year as a small boat race on July 25. This successful event attracted 72 participants in OC1, OC2, kayaks and SUPs.

Racing in outrigger crew boats commenced again in late summer and many FCRCC Outrigger teams sent one or more crews to the Comox Island Iron race, to Lotus Poker Paddle and to L48 Bridges. A number of crews will be headed to the FGP WetDashe in November. Everyone who participated was happy to be at these local races again with the BC outrigger community (even if it was socially distanced and masked on land).

### **Courses**

Two highly successful month-long Novice OC6 courses (August and September) introduced 34 participants to OC6 paddling. Of these, 19 paddlers went on to join FCRCC as members and paddle with an OC6 team.

We had many "Intro to Solo Outrigger" courses over the past year, including a youth OC1 course. In addition, there was a youth "Try Outrigger" session that got a number of youth paddlers out in OC6. There is some interest from several youth to train to try out for the World Outrigger Sprints in London.

## **Outrigger Canoe Fleet Maintenance and Refurbishment**

FCRCC is a large club and our fleet of multi-person outrigger canoes is used extensively each week. At each practice, teams typically have anywhere from 1 to 5 outrigger crew boats on the water. Many of our OC6s and the OC4 can be on the water up to 30 hours each week. As our fleet ages and becomes more fragile we are seeing this high level of use take its toll on our boats. We encourage our outrigger teams to take the time and effort to move our boats safely and gently both on and off the water.

Over the past year our volunteers with special skills in fiberglass repairs and boat refurbishment have contributed some 130 hours of time for outrigger program boat repairs which has been valued at over \$12,000 if we had outsourced this work to local repair shops. Since we did not have to outsource this work, repairs did not need to wait for availability in professional repair shops. Often repairs were completed within a few days of discovering the damage.

The OC6 fleet still includes two Calmar canoes that were acquired in 1994 shortly after the club was founded. We have three Mirage OC6s that were acquired in the early 2000s. While we have invested many hours of repairs and maintenance into the workhorse of our fleet, we will need to replace these older model spec class canoes at some point with more updated models in the unlimited class if we wish to appropriately support the competitive goals of our programs, particularly those who wish to compete at the highest national and international levels.

Earlier in the pandemic when crew boats were not accessible, we saw a significant increase in the usage of our solo canoes by club members in both the outrigger and dragon boat disciplines. Through our introductory solo outrigger canoe programs, we were able to introduce in the order of 100 non-paddlers to the sport of outrigger canoeing over the past year. Happily, many of these new paddlers were keen to join the club and continue paddling on a regular basis. In a typical week, each of our solo outrigger canoes will generally be in use on the water for 35 hours. This intensive usage of our solo canoes takes its toll and, while we have a program of ongoing maintenance and repair of our fleet, we have found some of our solo canoes are also reaching the end of their useful life.

As noted, our fleet is aging and keeping these boats on the water as members returned to crew boats has proved challenging over the past few months. The plan is to begin to replace some of our existing fleet with unlimited OC6s over the next few years as finances allow. FCRCC submitted a BC Gaming Capital grant this past summer and, if successful, these funds would help us achieve that plan. Implementing policies for the use of these newer boats, including the club's Malalo UL, that minimize potential damage will be an important priority over the upcoming year. This will be doubly important as we will likely not have the resources to repair these new boats in-house.

## **Fundraising**

During the pandemic, our members participated in virtual solo outrigger canoe races organized by the CORA where the race fee proceeds were shared with local paddling clubs including FCRCC. A number of our paddlers also participated in the Fairway Gorge Paddling Club paddling challenge by logging kilometers paddled to virtually paddle around the world. Participation in this paddling challenge was by donation which was directed back to the paddler's home club.

Thank you for all your support and encouragement over the past year.

Cathy Marr

FCRCC Outrigger Representative

November 2021





## Equipment Report – 2020/2021

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Now that people are returning to on water activities and engaging in team sports it seems natural to speak about the state of the club's equipment.

It's been a trying year from an equipment standpoint in that our fleet is showing its age. The lion's share of our repairs and maintenance are done by volunteers, namely Susan Mott, Lesley Rigby and Sam Patton. The incredible number of hours and dedication put in this past year are remarkable and likely not thought of as members take to the water on a daily basis year round. I'd like to mention how much it's appreciated when members see the opportunity to pitch in at various time to assist in cleaning, re-rigging and moving boats!

Given that we are one of the largest paddling clubs in Canada and operate year-round, it's often overlooked that our boat fleet sees an extraordinary amount of use – easily twice as much as the average club in the rest of the country. The down time this past year has allowed us to repair and refurbish the fleet to make it ready for teams and individuals going forward. The O2P dragonboat, currently dry-docked on Granville Island, will see a steering platform rebuild over the winter months and relaunch this coming Spring. The 6/16 is being assessed and we'll have more updates going forward. New iakos are currently being made as replacements for our OC6 fleet. Other reports included in this package address in detail the plan that was formulated to replace our aging boats over the next 3 years. The initial purchase will be 6 Allwave canoes, expected to arrive in Spring 2021, and is being finalized this week.

Other work done this past year included repairing the Alder Bay dock, building additional ama racks at Burrard, and rebuilding and refinishing the seats in our Dragon Boats. Going forward new covers and dollies for the OC 6's will be ordered.

The responses received since originally offering the Malolo for sale last spring were underwhelming and none have led to any proposals. The decision to add this boat to the fleet has been incorporated into the fleet replacement plan. In addition, Cathy and I were made aware of discussions that took place within our clubs' OC community during past years that neither of us were a part of. In a nutshell it was decided that the clubs' OC6 focus should be to compete primarily in the Pacific Northwest and indeed the West coast of Canada and the US, where ultralights have become more and more common.

Given that the desire is to use ultralights for racing it makes sense to be able to provide them for our teams as best we can. The feedback received over the summer was that FCRCC should keep our Malolo and use it as the elite racing boat it is. Additionally, the club purchased this canoe when the CDN dollar was doing not so well compared to the US dollar - we paid a lot essentially and would take a bath in terms of what we could expect to sell it for. From a purely financial point of view the reasoning was to sell and put that money toward fleet replacement - namely new OC6's to replace our aging fleet. The decision to keep the boat may affect slightly how fleet replacement rolls out in the next 3 years but that is deemed to be an acceptable outcome.

A usage plan will be formulated for the Malolo that is race focused and equitable. The intention is that the boat will not be used for regular practices. A ceremony to welcome the boat into our fleet and name it would be appropriate this next Spring.

Ernst Fast



## Program Report – 2020/2021

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### Courses and Programs

#### OC-1 Coaching Course

- This was a half-day course led by Kamini in March for those who expressed interested in coaching OC-1. 9 people attended, which was the capacity for the course.

#### Introduction to Solo Outrigger (OC-1)

- Consisted of 3 sessions. Originally each session was 1.5 hours but this was not enough time for the first session, so the first session was changed to 2 hours.
- Coaches included Kat Reid, Angela Hall, Ken Ang, Cathy Marr
- There were 10 courses with a total of 52 participants, averaging 5.2 participants per course.

#### OC-1 - Training & Foundations

- Consisted of 5 sessions, each 1.5 hours.
- Coaches included Alison/Andrea, Nora and Angela.
- There were 2 courses with a total of 9 participants, averaging 4.5 participants per course.

#### OC-1 - Intermediate

- Consisted of 5 sessions, each 1.5 hours.
- Coaches included Kamini, Leah and Andrea.
- There were 4 courses with a total of 23 participants, averaging 5.75 per course

#### OC-1 - Youth Introduction to Solo Outrigger Canoe

- Consisted of 5 sessions, each 1.5 hours.
- Coaches included Dave, Sherry and Cathy
- There was 1 course with 5 participants.

#### OC-6 - Novice Outrigger

- Consisted of 2 weekly sessions over a month. Most were 1.5 hours, but the first session was longer for dryland instructions.
- Coached by Ron, assisted by Cathy and other volunteer steerers
- There were 2 courses with a total of 36 - each program was filled to capacity with waitlists.

#### V1 - Intermediate

- Consisted of 3 sessions, each 1.75 hours.
- Coached by Kamini
- There was 1 course with 5 participants.

### OC-1 - Caring for your Canoe

- Consisted of 1 session, 1.5 hours.
- Led by Susan.
- There were 2 courses with a total of 16 participants - each at capacity with 8.

### Introduction to Dragon Boat Steering

- Consisted of 1 session, 3 hours.
- Led by Kevin and Susan.
- There was 1 course with 8 participants.

### Paddle for Fitness

(in Progress)

- Consists of 8 coached sessions and 14 uncoached group training sessions, plus written workouts to follow.
- Coached by Rob and Andrea
- 1 program of 12 people

### OC-1 Usage by Teams

The Senior C, Premier and Masters dragon boat teams and the Race Development OC-6 team took the opportunity to have team OC-1 sessions when team boat sessions were not occurring due to covid restrictions.

### OC-1 Orientations

It was decided that staff time needed more compensation for the time taken to conduct orientations. The Introduction to Solo Outrigger Canoe course is a perfect way for new paddlers to learn OC-1. By doing the orientation through the course, the staff time is adequately covered. Plus, by having more time to learn how to paddle OC-1's with coach guidance, paddlers become more prepared for using the boat reservation system safely than when orientations were more brief. Paddlers who have experience in small boats such as flatwater, solo war canoe, surfski or OC-1 were permitted to take free orientation sessions. Huki orientations also remained free.

### Boat Reservations and Dock Staff

#### *Staffing*

Kat manages the dock staff; she puts a lot of consideration and kindness into her role. We were privileged to have Kat, Will, Clara and Alex as our dock staff for the 2021 season. Clara and Alex had to leave their positions in late summer to return to school. Thankfully, Will is still on staff with us. Due to labour shortages, we were not able to find additional part-time staff. Instead, we have hired 3 casual staff members: Nicole Hofs, Erin Lim and Caitlyn Li. If more assistance is required we will ask for volunteer support.

#### *Covid and Boat Bookings - Protocol and Attendance Changes*

The combination of having dock staff and using the boat booking system originated to ensure the oversight of covid safety procedures which included tracking boat usage, asking covid questions, wearing masks, maintaining social distancing, and thoroughly washing boats.

When provincial restrictions were reduced in May, we were able to stop sanitizing boats which allowed us to resume boat hand-offs at the dock because the sanitation wait time of 30 minutes was no longer required between boat usages. We began a flag system for these hand-offs to help reduce dock congestion and assist with boat usage tracking.

The reduction in provincial covid restrictions also allowed for travel to resume, and for paddlers to return to team boats. Small boat bookings began to decline at this time.



Our Fabulous Dock Staff: Will, Alex, Kat (Manager) and Clara

### Time Trials

There was 1 time trial in Fall of 2020. After a break, time trials were resumed in August, 2021.

November 7, 2020

- There were 5 heats with 35 paddlers participating.

August 22, 2021

- There were 3 heats with 15 participants.
- The 'Minute to Win It' event was a fun sprint held after each heat with chocolate medals for prizes.

September 19, 2021

- There were 2 heats with 15 participants.
- There was an optional cold water huli event for prizes...but nobody was willing to get chilly to win fuzzy socks.

October 17, 2021

- The October time trial was substituted by CKBC's long distance race.
- Of those who intended to time trial, there were at least 7 OC-1's and 1 surfski in the rainy races of 5, 10 or 15 km.



Winners of the Heat 1 Minute to Win It event, Erin, Chris and Raymond

## Events

Hitting the Reset Button presented by FCRCC and Right Angle Performance

- Kamini Jain: Racing Our Best: How to Approach the Start Line Ready to Perform (Feb 20, 21)
- Alice Hsiang: Nutrition: Optimizing Our Performance (Feb 27, 28)
- Johan Saur: Staying on Target: Developing our Mental Skills (March 6, 7)

OC-6 - Youth 'Try It' Event

- Despite short notice, 6 youth attended the OC-6 'Try It' event. Dave and Lori Velisek coached and steered the event. (Sherry and Cathy assisted with administration.)

Halloween Multi-Mash OC-6 Event

- This event is planned for October 31, 2021. At the time of writing, at least 6 crews are planning on participating. Crews are pre-determined so paddlers have the opportunity to know the vaccination status' of their teammates since the vaccination requirements are not in effect yet.



Youth and Lori (steering) at the Youth OC-6 'Try It' Event

#### Other Initiatives

- Discussions are in progress with the Vancouver Aboriginal Friendship Centre to create paddling programming together.

Sherry Hunt



## Communications Report – 2020/2021

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Over the past 10 months as Communications Representative on the Executive, I have prepared press releases, written items for the club newsletter, drafted documents (for the public as well as members) as directed by the Executive, provided feedback on materials prepared by other Executive members and staff, and proofread and edited posters and other publicity materials. I also was part of the selection committees for FCRCC staff positions. With other Executive members, I have discussed strategies for raising FCRCC's profile and improving the effectiveness of our club communications.

Amanda Hunt, October 2021



## Secretary Report– 2020/2021

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Over the past 10 months since joining the Board as Secretary I have been responsible for;

- issuing notices of monthly Executive meetings
- keeping minutes of all meetings of the Executive
- ensuring that outstanding items are carried forward till completed

I have also been involved with;

- giving input on all decisions made for general club issues and strategies
- selection committee for FCRCC staffing
- communicating with our FCRCC Logo wear provider

Judy Comer  
October, 2021